

# Customized Training for Your Agency

Our customers tell us they value in-service as a means to deliver affordable training which meets the specific needs of their staff.

We provide specialized training for these sectors:

children and youth mental health • developmental services • community support services  
 • young parent/infant mental health • child protection services • Indigenous child and family wellbeing • residential/foster/kinship care • youth justice

## ABUSE PREVENTION/REPORTING

- Identifying and Reporting Abuse/Legal Rights
- Working with Young Parents with Sexual Abuse Histories
- Safeguarding Individuals with Severe Communication Disorders
- Building Resiliency in Children and Youth

## TRAUMA/TRAUMA ASSESSMENT/TRAUMA TREATMENT

- Trauma Assessment and Treatment Certificate Program
- Evidence-Based Trauma Interventions for Children and Youth (Certificate)
- Intergenerational Trauma: Moving Beyond to Resiliency
- A Family Systems Approach to Intergenerational Trauma: A Guide to Assessment and Treatment
- Safety and Stabilization in the Treatment of Complex Trauma
- Trouble Engaging in CBT? Working with Limbically-Reactive Individuals
- Critical Issues in Sibling Sexual Abuse
- Silent But Deadly: Children and Youth Who Witness Violence

## TRAUMA-FOCUSED THERAPEUTIC APPROACHES

- Treating Trauma Based Anxiety in Children and Adolescents
- Cognitive Behaviour Therapy for Anxiety
- Cognitive Behaviour Therapy for Depression
- Collaborative Problem Solving (CPS)
- The Dialectical Dance: Balancing Validation and Change Strategies with DBT
- Mindfulness Training
- Creative Interventions for Children and Youth Coping with Loss
- Single Session Therapy with Challenging Cases: Making the Most Difference in the Least Time
- Using Expressive Arts Therapy to Address Trauma
- Essentials of Using Play Therapy with Children

## ATTACHMENT/PARENTING

- Attachment and the Brain: Understanding/Treating Children/Youth
- Understanding and Treating Children and Youth with Attachment Disorders: Advanced Level II
- Developing Mindful Relationships with Children/Youth Experiencing Complex
- When Nothing Works: Strategies for Supporting 'Those Challenging Kids'
- Attachment-Focused Trauma Treatments: Phase-Oriented Strategies for Addressing Complex Disorders

## AUTISM SPECTRUM DISORDER

- Transitions into Adulthood: People with Autism Spectrum Disorder (Webinar Series)
- Respite Care for People with Autism (Online Course)
- Les soins de relève aux personnes atteintes d'autisme (Cours en Ligne)
- Respite Workers, Autism and Your Child: A Parent's Guide (Online Course)

## CHALLENGING BEHAVIOUR

- Understanding and Supporting Youth with Severe Behavioural and Emotional Challenges
- The Gendered and Racialized Nature of Youth Bullying and Violence
- The Responsive Residential Treatment of Aggression
- Anger Management: Train-the-Trainer

## CASE CONSULTATION

- Advanced Case Consultation for Therapists in Clinical Settings
- Case-Based Consultation with Trauma
- When Treatment Fails: Consultation on Complex Trauma Cases

Ask about customized in-service training for your agency. Contact our Knowledge Exchange Manager for more information.



## DIVERSITY AND INCLUSION

- Being an Ally to Indigenous Peoples
- Working Toward Reconciliation with Indigenous Children and Youth
- Intergenerational Trauma: Moving Beyond to Resiliency
- Impact of Colonialism and Residential Schools on First Nations, Inuit and Metis
- Making Room: Support LGBTQ People labeled with Intellectual Disabilities
- It's a Matter of Rights: Self Advocates Train-the-Trainer

## HEALTHY SEXUALITY AND RELATIONSHIPS

- Addressing High-Risk Sexual Behaviour
- Sexual Behaviour: What is Normative and when is Clinical Intervention Necessary
- Being Prepared: Developing Sexually Healthy Children and Youth
- Teaching Healthy Sexuality to Traumatized Youth
- Teaching Healthy Sexuality to Youth with Intellectual Disabilities

## HIGH-RISK YOUTH/SEX OFFENDERS

- Violent Behaviour and Sexual Offending: Separating Psychopathology from Essential Clinical Issues
- Healthy Sexuality and Relationships for High Risk Youth
- Street Youth: Stopping the Revolving Door
- Harm Reduction and Sexual Health: Working with Youth in a Meaningful Way
- Harm Reduction: Working with Adolescent Substance Users
- Domestic Sex Trafficking of Youth

## INTELLECTUAL DISABILITIES/DUAL DIAGNOSIS

- Dual Diagnosis: Anxiety and Mood Disorders (Webinar Series)
- Dual Diagnosis: Effective Strategies for Intervention
- Dual Diagnosis: Handling Challenging Care Situations in Respite and Foster Care (Webinar)
- Anxiety & Obsessive Compulsive Disorder: Treatment for People with Intellectual Disabilities
- Guide to Better Living: Diagnostic/Intervention Implications of Aggressive/Irritable Behaviour
- Supporting the Successful Transition to Adulthood
- Strategies for Supporting Positive Adjustment in the Community in the Post Institutional Age
- Recognizing & Responding to Abuse of People with Intellectual Disability
- Therapy for the Survivors of Abuse with Intellectual Disability
- Understanding Dual Diagnosis Evaluation involving Trauma History
- Teaching Healthy Sexuality to Youth with Intellectual Disabilities

## LEADERSHIP/MANAGEMENT

- Trauma Informed Leadership: A Needs Based Approach
- Ethical Issues: Balancing Competing Legislative Requirements (Web series)
- Developing and Maintaining Healthy Staff Teams

## RELATIONAL PRACTICE/MILIEU TREATMENT

- Caring for Traumatized Youth: Maximizing the Therapeutic Potential of Foster Families
- Fostering Resilience and Self-Care in Day-to-Day Work with Vulnerable Youth
- Everyday Healing: The Art of Relationship in Supporting Youth Impacted by Developmental Trauma
- Developing Mindful Relationships with Children/Youth Experiencing Complex Trauma

## RESPIRE

- Respite Services Training Certificate (Online Course)
- Cours de formation aux services de relève (Cours en ligne)
- Is it a Crisis or an Opportunity? (Webinar)
- Dual Diagnosis: Handling Challenging Care Situations in Respite and Foster Care (Webinar)

## SELF-CARE

- Trauma Stewardship: Awareness and Simple Restorative Practices to Heal the Helper
- From Compassion Fatigue to Self-Compassion
- The Challenge – Caring for Self While Caring for Others
- Valuable Work ~ Meaningful Life: Effectively Addressing Stress, Burnout & Trauma in the Workplace (Online Course)
- Travailler Mieux ~ Vivre Heureux: Adresser efficacement stress, épuisement professionnel et trauma (Cours en Ligne)

## SELF-HARM

- Addressing Self-Injurious Behaviour
- Self-Injury in Youth: From Evidence to Practice
- ASIST: Applied Suicide Intervention Skills Training Certificate
- SafeTALK
- Suicide to Hope: A Recovery and Growth Workshop

## THERAPEUTIC CRISIS INTERVENTION

- Therapeutic Crisis Intervention (TCI): Trainer Certificate (6th Edition)
- Therapeutic Crisis Intervention (TCI) UPDATE

## TRAUMA-INFORMED PRACTICE/SUPERVISION

- Looking Through a Trauma Lens: Trauma-Informed Practice
- Trauma-Informed Practice: Why, What and How
- Trauma-Informed Supervision
- Trauma-Informed Leadership: A Needs Based Approach
- Trauma-Informed Approach to Substance Misuse
- Creating Trauma-Informed Residential Care Systems
- Understanding Clinical Supervision for Residential Staff

## YOUTH AND FAMILY ENGAGEMENT

- Empowering Families to Be Part of the Solution

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